



# The Appleton School Parent Bulletin

Newsletter dated: 24.11.23

## Key Dates

- 11-12-23 6th Form Application Deadline!
- 14.12.23 Year 11 consultative evening
- 14-12-23 Year 7 Christmas dinner

Follow us on:

Facebook



Instagram



## House System

Congratulations to all pupils in Year 7, 8 and 9 for your achievement points that you have earned since the start of the academic year.



House	Grand Total
Austen	11874
Nightingale	10895
Tull	8910
Turing	10390
<b>Grand Total</b>	<b>42069</b>

## Attendance & Achievement

How much does attendance impact on achievement and success?

The school's expectation of attendance is at least 97%. The impact on good attendance on your progress is shown in the table below with 94% of students achieving their target grades at the end of year 11. The higher your attendance the best possible chance of personal success!

Attendance %	Achieve expected target grades.	You will only achieve your target grade in:
<80%	20%	2 of your subjects
80-84.9%	33%	3 of your subjects
85-89.9%	46%	4 of your subjects
		<b>You will achieve your target grade in:</b>
90-91.9%	53%	5 out of 9 subjects
92-95.9%	75%	7 out of 9 subjects
96%	84%	8 out of 9 subjects
97%	94%	9 out of 9 subjects



## FOOTBALL MATCH FOR OSCAR

**Oscar Fairs is a Year 9 student at Appleton.**

Oscar is a keen sportsman who plays for West Ham United academy as a goalkeeper. He also represents the school in many different sports. Oscar has completed chemotherapy and is currently undergoing radiotherapy treatment for a rare brain tumour.

As a school we would like to offer support to the family through this very difficult time and have posted the GoFundMe link for donations and also the details of a charity football match organised to support Oscar and his family. If you could help in any way please follow the link below. Thank you for taking the time to read.

**Please find the link below for the go fund me. Also attached is the poster for the charity football match.**

<https://gofund.me/bcb95ebe>

**DOORS OPEN  
AT 3PM  
MATCH STARTS  
AT 4PM AUCTION  
AFTER MATCH**

**£10  
ENTRY FEE ON  
THE DOOR  
KIDS GO FREE!**

**FOOTBALL  
MATCH  
FOR  
OSCAR**

**SUNDAY 17TH DECEMBER**

**PLEASE SHARE,  
EVERYONE WELCOME.  
COME SHOW YOUR SUPPORT  
FOR OUR FAIRS  
FAMILY**

**BOWERS & PITSEA FOOTBALL CLUB  
CROWN AVENUE, PITSEA, ESSEX, SS13 2BE**

**CENTREFORCE  
DJ  
ONE  
FROM  
7PM**



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## GENERAL NOTICES

### Contact details

Can you make sure that your contact details are kept up to date on our systems—you can do this through the Edulink app.

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### Christmas Show

It was snow surprise that the Christmas Show was another tree-mendous success, with students from all key stages involved from dancing, drama and singing. Many braved the rain (deers) to attend and we had a full house!

The students done an incredible job in such a short amount of time, they made all of the staff, parents very proud and they should be proud in their elfs too.

Thank you to the Performing Arts department who worked incredibly hard with the students to help them prepare for the show.

But wait—there's myrrh, the next school production was also announced which will be High School Musical.



More photos to follow next week!



## GENERAL NOTICES

### Invacuation Assemblies

This week students have been having ‘invacuation’ assemblies, this is a procedure where we would have to put the school into lockdown due to any local or national emergencies. You may have seen in the media when schools are required to lockdown, due to local incidents, as a school we are required to have these procedures by the DfE.

The risk of having to lockdown the school is very low but it is important that students are aware of the procedures. If this event was ever to occur, then the school would message all parents to make you aware.

### Christmas Jumper Day—Wednesday 20th June

The Appleton Student Council committee, is proud to announce their first annual event as a “Christmas Jumper Day” on 20th December 2023 in order to raise funds to support various projects, activities, clubs, school trips and events that are organised and led by Student Council committee members. Students are asked to make a voluntary donation of £1 or whatever they can afford and all monies will be collected through Parentmail.

Unfortunately, school is unable to accept any cash donation on the day.

Please note that the **school uniform should be worn with the Christmas jumper**. Remember, there’s no need to buy a new jumper. You could upcycle an old jumper, get crafty or head to your local charity shop to buy a pre-loved festive knit. If you want to get creative and decorate a jumper, the Christmas Jumper Day website contains lots of fun craft ideas. Alternatively, you can just wear some Christmas decorations such as a bit of tinsel in your hair. Students choosing to participate in the Christmas Jumper Day are requested to dress





## Shout outs

A big shout out to 7Y2/FR for their incredible pronunciation in French with Mrs Woodbridge.

Keep up the hard work.

Mr Jones

Head of MFL

Mr Hannan would like to praise all of his Year 11 classes for the progress they've made on their recent mocks, what is important now is the next steps, keep working towards your goals and acting on the feedback—you can do it!

Mr Archer would like to praise some of his Year 12 students who were so inspired by the Handmaid's Tale that they are studying in English that they independent arranged to go to a talk given by the author Margaret Atwood. On their return to school the students gave a presentation to their class and some snippets can be seen below:

## Funny moments

- Atwood told of how she felt bad slapping Elisabeth Moss (Offred) across the face and had to retake the shot 4 times before it looked realistic
- She spoke about how, instead of baking or sewing in home economics at school, she and her class created a 'Home economics opera'
- Atwood is overall just a very unintentionally funny lady! She didn't stop making everyone laugh





## PE News

### Year 7 Essex Cup Netball

On Tuesday 5<sup>th</sup> December the Year 7 Netball team played New Hall School in the Essex Cup. The girls performed exceptionally well in a very tight game. The team managed to remain calm and composed and came away with a brilliant win 15-13. The girls next Essex Cup netball game is against Shenfield on Thursday 14<sup>th</sup> December.

### Year 7 Essex School Rugby

The year 7 boys took part in the Essex Schools rugby tournament at Brentwood School on the 30<sup>th</sup> of November. They all played very well against some of the top performing rugby schools in Essex. They represented the school in a outstanding manner, and were all very respectful and friendly to all the staff and other students at the event. A special mention to Zack Bradding for showing excellent leadership skills and encouraging all his team mates throughout the games.

### Basketball

Years 7,8 and 9 have all had successful weeks on the Basketball court winning all of their matches. It was brilliant to see so many year 7 students experiencing their first basketball games.

Year 7 – Appleton 28 – 4 Cornelius

Year 8 – Appleton 36 – 21 King Edmund

Year 9 – Appleton – 40 – Cornelius 10

### Year 7 Girls Basketball

The Year 7 Girls Basketball team played their first fixture against Shoeburyness High School last week winning the game 23-12. The girls are now looking forward to their next matches against Sweyne Park School and Greensward Academy next week.

### District Badminton

On Tuesday and Wednesday this week the boys and girls badminton teams represented the school in the Castle Point and Rochford District Badminton competition. Appleton took 4 Junior and 4 Senior boys and girls teams to the competition. All of the students played exceptionally well and represented the school excellently. The Senior Girls team unfortunately lost in the final and the boys losing a tight game in the quarter final.





## PE News



### Upcoming fixtures:

#### **Monday 11<sup>th</sup> December**

Year 7 and 8 Thorpe Hall Cross Country Relays  
Year 7 Basketball – King Edmund (A)  
Year 8 Basketball Fitzwimarc (H)

#### **Tuesday 12<sup>th</sup> December**

Year 7 Girls Basketball – Sweyne Park (A)  
Year 7 Girls Swimming Trials

#### **Wednesday 13<sup>th</sup> December**

U19 Football – Chase High School (H)  
U13 Girls Basketball – Greensward (A)  
Boys Swimming Trials  
Year 7 and 8 Girls Interhouse Badminton

#### **Thursday 14<sup>th</sup> December**

Year 7 Girls Essex Cup Netball – Shenfield (H)

#### **Friday 15<sup>th</sup> December**

U13 Girls Essex Cup Football – William Edwards (A)  
Year 7 and 8 Boys Interhouse Badminton

To be able to stay up to date with all of The Appleton Schools PE Departments fixtures and results please follow our X (Twitter) page: Appleton PE



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## GENERAL NOTICES

### Pride in Presentation

At The Appleton School we know how important it is for us all to take pride in the work we do. This applies to everybody in our school community, including students. This week we are reminding students of what it means to take pride in their work, and how keeping orderly, neat notes will help them to keep their learning organised and also support them with their revision in the future

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Taking pride in our work...

Appleton's Presentation



### MUSTs

1. Write the date and title at the top of your page and underline both with a ruler.
2. Write neatly in blue or black pen. Use a pencil for drawing.
3. Use a green pen to respond to feedback or mark your own work.
4. Use capital letters, full stops and correct punctuation in all written work.
5. Worksheets should be folded neatly and glued into your books.







## Sixth Form Application Deadline

# REMINDER



The Appleton  
School Sixth  
Form Application  
deadline is this  
Monday 11th  
December.

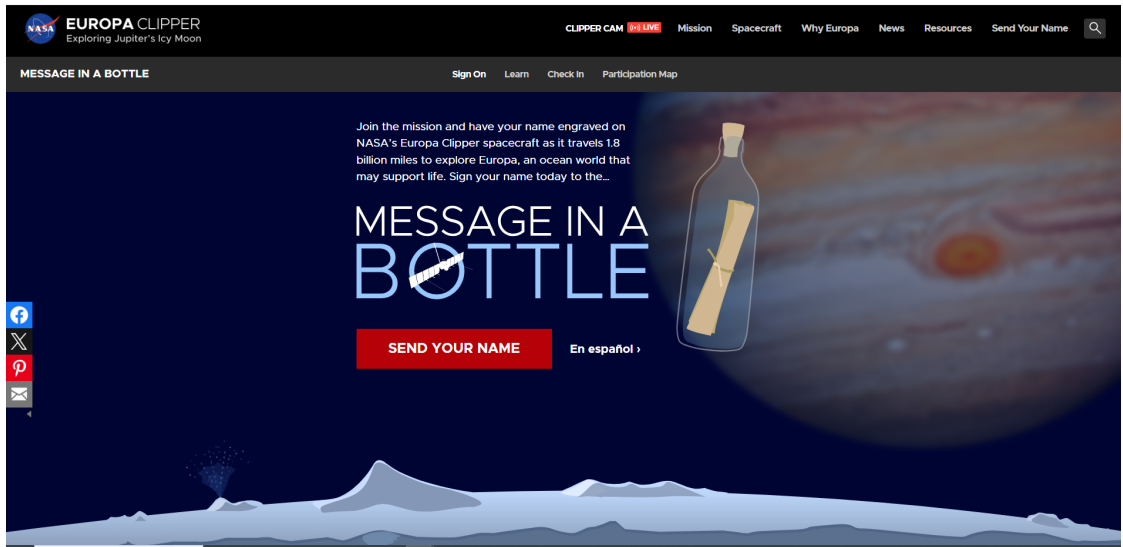
FOR MORE INFORMATION PLEASE  
CONTACT:  
[KSWEENEY@THEAPPLETONSCHOOL.ORG](mailto:KSWEENEY@THEAPPLETONSCHOOL.ORG)

[WWW.THEAPPLETONSCHOOL.ORG](http://WWW.THEAPPLETONSCHOOL.ORG)



## STEM News

Add your name to NASA's next space mission!



NASA is planning a satellite mission to Europa, a moon of Jupiter. Europa is an ice moon, where evidence of a below-surface ocean have been observed. Some of the analysis of this moon suggests that it could have ideal conditions for aquatic life to evolve. The new Clipper spacecraft is designed to collect more information to see if we can definitively prove life exists elsewhere in our galaxy!

You can add you name which will be imprinted on the spacecraft on this link:  
<https://europa.nasa.gov/message-in-a-bottle/sign-on/>

## Royal Institute Christmas Lectures—to be shown on BBC4

Boxing Day 2023  
20:00  
BBC FOUR



### Episode 1

2023: Professor Mike Wooldridge - The Truth about AI

1/3 Professor Mike Wooldridge explores the nature of artificial intelligence.

Wed 27 Dec 2023  
20:00  
BBC FOUR



### Episode 2

2023: Professor Mike Wooldridge - The Truth about AI

2/3 Professor Mike Wooldridge reveals the huge role AI already plays in our daily lives.

Thu 28 Dec 2023  
20:00  
BBC FOUR



### Episode 3

2023: Professor Mike Wooldridge - The Truth about AI

3/3 Professor Mike Wooldridge is joined by leading experts to grapple with the future of AI.

SCIENCE



S

TECHNOLOGY



T

ENGINEERING



E

MATH



M





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## PHSE

Parents and Carers,

As a part of your child's education at The Appleton School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. At our school, this is predominantly taught in CAPE (Citizenship, Achieving Personal Excellence) through a specialised team of tutors.

I am writing to let you know that, throughout the academic year, your child's class will have taken part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. RSE lessons will include: Healthy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence. This will be approached in and with age-appropriate delivery. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.theappletonschool.org/subjects/citizenship-and-pshee-cpshee> for more detail about our PSHE curriculum. At the bottom of this page you can also click on the Edulink icon which will direct you to the year specific example materials that are used. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

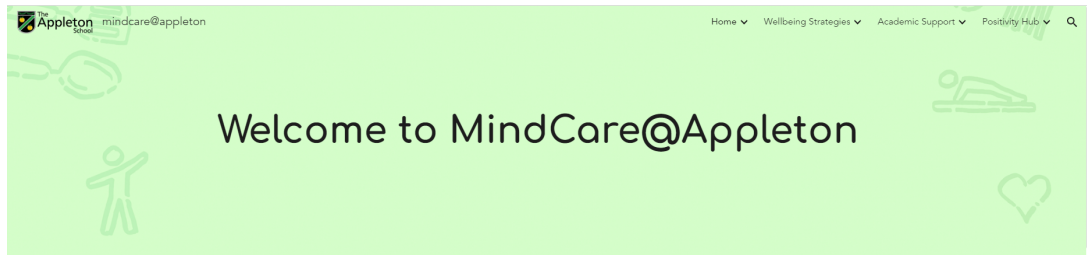
As a school community, we are committed to working in partnership with parents; recent parental and student feedback has indicated that the overwhelming majority of parents and pupils continue to be highly supportive of the relationships and sex education programme. We will also be shortly inviting all parents to further support us by completing a questionnaire about our CAPE provision.

Yours sincerely,

Ms Brown  
[cbrown@theappletonschool.org](mailto:cbrown@theappletonschool.org)



## Mental Health December 2023



We are delighted to invite you to a special space dedicated entirely to your well-being and happiness – the Appleton MindCare Hub. This page has been thoughtfully crafted with your needs in mind, offering practical strategies and valuable resources to support your physical, emotional, and psychological well-being.

Here, you'll discover strategies, tips, and insights to cultivate a healthy and balanced lifestyle. Whether it's dealing with stress, managing emotions, or finding ways to stay active and positive, we've got you covered.

It's also a place to access essential resources and information shared for significant wellbeing events that matter to our Appleton community. Whether it's exam preparation, or wellness campaigns, you'll find timely updates and helpful resources right here.

Remember, your well-being is of utmost importance, and we are committed to providing you with the tools and knowledge you need to flourish. Together, let's make Appleton a place where every student shines brightly!

©

As part of our ongoing goals to promote and support student mental health and wellbeing, we would like to highlight some recent updates made to the MindCare@Appleton website which students can access [here](#).

1. Updates to the positivity hub:
  - ⇒ New [positive habits](#) for December to help students develop a positive mindset for the new year, such as how to make achieving new year's resolutions more likely.
  - ⇒ Research suggests that writing down our goals and making a list of actions that will help us achieve these goals increases the likelihood of us achieving them.
  - ⇒ We will be reflecting on these goals in form time, but it can also be a useful task to complete over the holidays.
2. Key contacts:
  - ⇒ Students can collect Wellbeing Support cards which provide them with a physical copy of key contacts (both in and out of school). These can be collected from the pastoral office.
3. Updates to clubs and other activities:
  - ⇒ Weekly-drop in sessions every Monday lunchtime in 11 (Drama room). Students can drop-in to speak with our Mental Health Lead and School Counsellor if they have any concerns about their wellbeing. This might include how to deal with exam stress, cope with feelings of worry or loneliness, and improve sleep quality etc. We will provide students with strategies to improve their wellbeing, and signpost them to further support in and out of school on a needs-basis.
4. Additional resources:
  - ⇒ [Kooth](#) is an organisation that works with schools to help us support the wellbeing of our students.
  - ⇒ We have uploaded examples of their resources that we will be using in CAPE lessons on topics such as personal wellbeing as well as during tutor time.
  - ⇒ These can be found under the [Mindfulness Exercises](#) section of the Wellbeing Strategies page. This includes a self-care calendar, as well as festive activities such as how to make effective new year's resolutions and a cracker to celebrate achievements from this year to promote self-kindness.


If you would like us to add further information or resources on any specific topics on MindCare@Appleton, please contact us. Thank you for your ongoing support in working together to promote positive wellbeing for our students.

Miss S Sangha



## Attendance

**The Appleton School** **Being In School, On Time Really Matters**



**Did You Know... ?**

If your attendance	You would miss	you are likely to achieve your target grade in
was 97%	5 days of school	9 out of 9 GCSEs
was 95%	9 days of school	7 out of 9 GCSEs
was 92%	15 days of school	5 out of 9 GCSEs
was 90%	19 days of school	4 out of 9 GCSEs
was 85%	29 days of school	3 out of 9 GCSEs

**WE WANT YOU TO ACHIEVE YOUR BEST**

Check your current attendance using the Edulink App

# 100% Attendance

**The Appleton School** **100%**

**GOLDEN TICKET**  
for 100% attendance in the last week

This ticket allows the holder to skip the queue in the canteen or pod at breaktime and lunchtime for 1 week in recognition to their commitment to school

Awarded to: \_\_\_\_\_ Valid until \_\_\_\_\_

1  2  3  4  5  6  7  8  9  10

Did you know that all students with 100% attendance are entered into a weekly prize draw for a Golden Ticket to jump the queue at break and lunch?

And students with 100% attendance all term receive a special attendance award!



## Absence

If your child is absence please use EDULINK to provide a reason for their absence and when to expect your child back., Or you can leave a message on the absence line option 1.



Anyone for Tennis ?

**27TH DECEMBER**

**3RD JANUARY**

**KIDS HOLIDAY CAMPS**  
**HADLEIGH PARK LAWN**  
**TENNIS CLUB**

Looking for an activity for your kids over the school holidays?

Why not join us and sign them up for a tennis camp?



**10 AM - 2PM MINI RED & ORANGE (4-9 YEARS)**

**10AM - 2PM JUNIOR GREEN & YELLOW (10+ YEARS)**

**ONLY 12 SPACES PER GROUP**

**Prices:**

**Member - £20 per day**

**Non Member - £22 per day**

For more information or to book a place, please contact Graham on  
**07745 943403**



## Recycle your Tree



Registered charity number 1149068

# Recycle your Tree!

In aid of

Sponsored by

Hamelin Trust



Registration closes Thursday, 4th January, 2024



[www.just-helping.org.uk/register-tree](http://www.just-helping.org.uk/register-tree)

After costs, Hamelin Trust receive 85% and up to 15% will be distributed by Just Helping to other local charities. More information on where your donation goes can be found on our website.

We will be collecting & recycling trees from the 10th to 12th January 2024.  
Scan the QR code or visit our URL and enter your post code to register.



*giftaid it*



Registered with  
FUNDRAISING  
REGULATOR





**CALLING ALL SWIMMERS YEAR 7 TO YEAR 11**

# **CALLING ALL SWIMMERS!!**

**WOULD YOU LIKE TO BE CONSIDERED FOR THE STUDENT SCHOOL SWIMMING TEAM?**

**CAN YOU SWIM 25M AT A GOOD SPEED?**

**ALL AGES TIME TRIAL EVENT**



**WHEN**

**GIRLS—TUESDAY 12TH DECEMBER**

**BOYS—WEDNESDAY 13TH DECEMBER**

**3PM—STRAIGHT AFTER SCHOOL**

**WHERE**

**THE APPLETON SWIMMING POOL**



## Subject Spotlight

WHY STUDY...

# CONSTRUCTION

Check out some of the jobs you can do, the skills you'll develop and pathways available!



## JOBS

Architect  
 Bricklayer  
 Building Surveyor  
 Civil Engineer  
 Construction Manager  
 Drone Pilot  
 Electrical Engineer  
 Gas Service Technician  
 Land Surveyor  
 Mechanical Engineer  
 Quantity Surveyor



RESOURCES, CAREERS  
© RESOURCES, CAREERS

## SKILLS



Practical



Teamwork



Problem Solving



Numeracy



Communication



Physical Fitness

## PATHWAYS

### APPRENTICESHIPS

- Acoustics Technician
- Architect
- Bricklayer
- Carpentry and Joinery
- Civil Engineering
- Construction Plant Operative
- Installation and Maintenance Electrician
- Landscape Technician
- Plumbing and Domestic Heating Technician

### FURTHER EDUCATION

- A Level - Engineering
- A Level - Maths
- A Level - Design Technology
- T Level - Building Services Engineering for Construction
- T Level - Design, Surveying and Planning for Construction
- T Level - Onsite Construction
- BTCC - Construction and the Built Environment
- BTCC - Bricklaying / Plastering / Joinery
- BTCC - Civil / Mechanical / Electrical Engineering

### HIGHER EDUCATION

- HND in Construction and the Built Environment
- BA (Hons) in Architecture
- BSc (Hons) in Construction Management
- BEng (Hons) in Civil Engineering
- BSc (Hons) in Building Control
- BSc (Hons) in Building Surveying
- BSc (Hons) in Building and Construction Engineering
- BSc (Hons) in Quantity Surveying

SCAN ME  
TO FIND OUT MORE



Greater Essex  
CAREERS HUB

THE CAREERS &  
ENTERPRISE  
COMPANY



## Careers Newsletter

### News Spotlight

## The Parents' Guide to

### Feel confident talking with your teen about their choices for the future

If you're a parent of a teen aged between 14 and 19, we're here for you with everything you need to know about options after GCSE or sixth form AND what you can do at home to improve your teen's wellbeing and help them with their studies.

Sign up to our parent newsletter and receive free support, advice and resources on how you can help your teenage children straight to your inbox. [www.theparentsguideto.co.uk](http://www.theparentsguideto.co.uk)



### Open Evenings

#### Palmer's Campus

9 November 2023  
24 January 2024

Chadwell Road, Grays, Essex RM17 5TD

#### Seevic Campus

23 November 2023  
31 January 2024

Runnymede Chase, Benfleet, Essex SS7 1TW



#### XTEND Digital Campus

7 December 2023  
Meppel Avenue, Canvey Island, Essex SS9 9RZ

### Open Evenings



**SOUTHEND CITY COLLEGE  
SOUTHEND CAMPUS**  
Luker Road, Southend, SS1 1ND  
Tuesday 3 October 2023 - 5-7pm  
Thursday 16 November 2023 - 5-7pm  
Tuesday 13 February 2024 - 5-7pm

**BASILDON COLLEGE  
CENTRE FOR ADVANCED  
ENGINEERING**  
Luckyn Lane, Basildon, SS14 3AX  
Thursday 30 November 2023 - 5-7pm  
Wednesday 28 February 2024 - 5-7pm  
Tuesday 14 May 2024 - 5-6.30pm

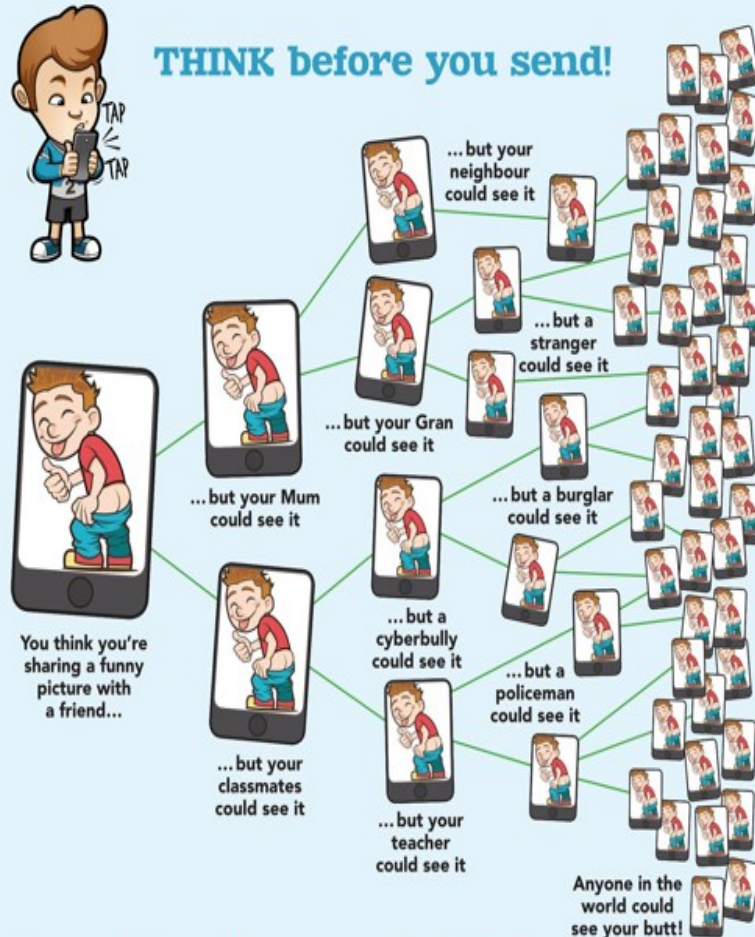


# Safeguarding

## Skips Safety Net

Keeping children safe online

### Parent Guides to Online Safety



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



### If you share it, you are involved

If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with



www.skipssafetynet.org

**THE APPLETON  
SCHOOL**

Croft Road  
Benfleet  
Essex  
SS7 5RN

Phone:  
01268 794215

Email:  
info@theappletonschool.org

Website:  
[www.theappletonschool.org](http://www.theappletonschool.org)

**Quick Links**

[Edulink](#)

[ParentMail](#)

[Google Drive](#)

[Satchel One](#)

[Microsoft Teams](#)

[Never Acceptable](#)

## Autumn Term Dates

**Friday 20th October non pupil day**

**Monday 23rd October– 27th October Half Term**

**Wednesday 20th December last day of term**

## Spring Term Dates

**Thursday 4th January 24 students return**

**Monday 19th February –23rd February Half Term**

**Friday 8th March non pupil day**

**Thursday 28th march last day of term**

## Summer Term Dates

**Monday 15th April students return**

**Monday 6th May Bank Holiday**

**Monday 27th May-31st May Half Term**

**Friday 19th July last day of term**

## GCSE Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/students/revision-resources>

## A-Level Revision Resources

We have provided a wide range of resources to aid your son/daughter when it comes to their revision for each of their examination subjects.

<http://www.theappletonschool.org/sixth-form/student-life/ks5-resources>